

LASER THERAPY POST-OP INSTRUCTIONS

Most patients experience very little, if any, discomfort following laser surgery. With laser surgery, no sutures are needed and very little bleeding occurs. However, if you experience any discomfort, over-the-counter medication, such as Tylenol or Ibuprofen, work well to relieve symptoms.

Please do not brush the treated area for a few days following this procedure. If you have been given ointment to use, begin applying this the day after surgery, approximately four to five times daily, for seven to ten days. Warm saltwater rinses are also helpful.

The tissue in the surgery area will appear dark in color for several days but will return to its natural color within two weeks.